



MYTH: I'm healthy and staying home – I don't need the flu shot.

FACT: If you're older, you're at higher risk of getting the flu and have more complications if you do – even if you're healthy.

Get your flu shot today!

wihealthyaging.org

The Centers for Disease Control & Prevention (CDC) recommends that EVERYONE six months and older should get a flu shot EVERY year. Especially if you are older!

Last year, older people accounted for 42% of flu-related hospitalizations and 84% of flu-related deaths (but were only 17.5% of Wisconsin's population). So, this year—with Covid-19 raging—reduce your risk of the flu and a hospitalization. Get your flu shot!

Where are flu shots available?

Check with your health care provider or local pharmacy.

If you need more information, contact:



715.394.3611

It's not too late! Protect Yourself and Others Get a Flu Shot!