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Meals on Wheels – Douglas County “March for Meals”

As members of the Meals on Wheels Association of America (MOWA), Senior Connections is pleased again this year to join the **March for Meals initiative**, sponsored by MOWA. This initiative allows an opportunity for members of our local community to participate in the delivery of meals to our diners at their homes.

This year the March for Meals initiative will be held from **Monday, March 5th, through Friday, March 29th. We would like to invite you to participate on a day that will work for you. This year you can choose the date.** We have five daily routes for riders and would love to fill as many of the slots we have available.

Our Meals on Wheels drivers sometimes find themselves climbing over snow banks, delivering through rain, sleet, and snow (but not the dark of night). Our participants are quite grateful for this program and compliment us on their delivery people all the time. For many participants, our driver may be their one daily visitor. Volunteers are likely to get an eye-opening experience seeing how our seniors are living in the community.

The event will involve meeting at the Chartwells kitchen located in the Yellowjacket Union on the campus of the University of Wisconsin-Superior at 9:45 a.m. on the day you choose to volunteer. The drivers return to UWS at about Noon. *Keep in mind if the School District of Superior closes due to weather conditions, our agency closes and all services are suspended, including our meal delivery.* You will need a decent winter jacket, good boots, gloves or mittens and a smiling face.

Past volunteers for this event have felt that this was a valuable use of their time as they learned a good deal about this incredible program. They also saw the real appreciation of many of our meal participants.

Senior Connections, the designated Aging Unit for Douglas County, recently rebranded our “home delivered meal program” to “Meals on Wheels – Douglas County.” Each year we serve over 54,000 healthy and nutritionally-well-balanced meals throughout Douglas County to our seniors. In 2018 we provided over 37,000 Meals on Wheels meals to Douglas County residents and served over 17,000 meals at our dining sites.

If you have any questions about participating in this event, or to reserve your time slot to participate, please call Lisa Warring at Senior Connections at 715-394-3611 or e-mail nutritiondirector@seniorconnectionswi.org

